

## Remedial Measures: PART 2

Outline: Oct 20- Jan. 12<sup>th</sup> 11 classes over 15 weeks.

4:30-6:15 pm CDT/ 2:30-6:15 PM PDT

Class Format: 45 minutes of Key Mantra Training for the Planets by Pundit Samavedula.

1 hour of Classes on Mantra Diagnosis and Prescriptions, Gem prescriptions, yantras and refined points of remedial theory and application.

Week 1(Pundit) Sept. 20<sup>th</sup>

- I. Rules for propitiation of grahas through Mantra including appropriate timing to start Mantras and instruction in proper pronunciation.

The class will provide primary mantras for each graha, timing of repetition, a discussion of proper pronunciation, alternative techniques to chanting for those with pronunciation issues, and example charts.

Introduction to Class.

Weeks 2 and 3 (Andrew Foss) Oct. 20<sup>th</sup> and 27<sup>th</sup>

Pundit: Planetary Mantras for the Sun.

Pundit: Planetary Mantras for the Moon

Advanced Mantra Propitiation Techniques provided by Andrew Foss for Karakas and Dasas from Yoga of the Planets

Week 4 (Gary Gomes) Nov. 3<sup>rd</sup>

Pundit: Planetary Mantras for Mars

I. Hidden Remedies Inside Charts-Some charts contain remedies that nullify bad combinations; it is essential to recognize these to avoid over-prescribing remedies

II. Principles for ensuring that results of remediation hold-behaviors to adopt after a remedy has been applied so that the change will be permanent (for example, the person who has just been cured of lung cancer does not resume smoking)

III. Cases in which remediation will not succeed-Karmas too deep to touch and how to live with these

*IV. Self-administered remedial measures for Sade Sathi and Mangalik.*

IV. Example charts

Week 5 (Barry Rosen and Gary Gomes) Nov. 10<sup>th</sup>

Pundit: Planetary Mantras for Jupiter.

Gem and Gem Elixirs: Gem prescription is expensive and more complicated than you think.

1. When a gem prescription is required and most useful. Sanjay's methods

2. The science of picking proper gems and *how they can be worn (rings, amulets, bangles)*
3. Guidelines for gem prescription by lagna.
4. Case studies

**Week 6 -(Barry/Gary/Gemologist Class 2) Nov. 17<sup>th</sup>**

Pundit: Mantras for Venus

1. *Gems-Cautions against wearing certain gems*
2. *Side effects of gem prescriptions*
3. *How to purchase and prepare gems for wearing, including appropriate timing, blessing of gems, and rituals for wearing gems*
4. *Gems to avoid or wear only for limited periods*
5. *Appropriate metals for gems (Harish Johari methods)*
6. Case studies

Thanksgiving and Conference Break: No class on Nov. 24<sup>th</sup> or Dec. 1<sup>st</sup>.

**Week 7 (Gary) Dec. 8**

Mantras for Saturn

- I. Remediation for certain yogas (including Panchang Yogas) in the chart-  
Certain people are born on inauspicious days. This class teaches how to use Muhurtha and other remedies to address this condition
- II. Ways to increase benefic elements in the chart-
- III. Example charts

**Week 8 Barry Rosen – Dec. 15**

Pundit: Mantras for Mercury

Non-traditional Remedies for Non-Vedic Clients

- Bach Flower Remedies
- Karaka remedies
- Astro-yoga.
- Behavioral Rasaynas

Christmas Break: No Class Dec. 22<sup>nd</sup>.

**Week 9 (Gary Gomes and Pundit) Dec. 29<sup>th</sup>**

Pundit: Mantras for Rahu

- I. Introduction to Use of Yantras as remedial measures-Yantras have been established for both grahas and devas.
- II. They need to be "charged" with energy by a priest or the user. This class will teach how to do this, and discuss the theory behind yantras.
- III. How to go to a Hindu Temple and select a remedy with the help of the Priests there. This part of the class will prepare you for a visit to a Hindu temple

to have a simple blessing (Archana) or more complicated blessing (like Abishekam) to be done on your behalf.

III. Example charts

**Week 10 Case Studies: Jan. 5<sup>th</sup>**

Pundit: Mantras for Ketu

- 1. Examples of multiple remedial measures*
- 2. What to do when remedial measures apparently conflict (such as strengthening one planet will adversely affect another)*

Week 11-

Pundit: Other Important Mantras

Case Studies 2: Jan. 12<sup>th</sup>

- 1. Examples of remedial measures that require re-application*
- 2. Remedies to relationship doshas in a chart*
- 3. Example charts.*

Allow 40-60 minutes per class on mantras (Ganesha and Planetary mantras) (Vedic material)-send out transliterations in advance. Puja instruction as well.